PLANT FACT SHEET

Ophrys insectifera L.

GENUS *Ophrys* **FAMILY** Orchidaceae

COMMON NAMES Fly orchid

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

An orchid. The plants are slender. They are 20-60 cm tall. The leaves grow up the stem. They carry 3-20 flowers. Each flower is 2 cm long.

HABITAT

It grows in dry grassland and scrubland from sea level to 1600 m altitude.

NOTES

There are about 140 Ophrys species.

REFERENCES

Holliman, J., (Ed.), 2002, Orchids. Botanica's Pocket. Random House, Australia. p 401

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/87b252bd-461c-4448-b8d2-d6491af3e46d