PLANT FACT SHEET

Viola bertolonii Pio

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Bertoloni's pansy

EDIBLE PARTS AND USES

Edible parts: Flowers

The flowers are eaten as a vegetable and as a sweet.

DESCRIPTION

A herb that keeps growing from year to year. It has stems 5-15 cm high. The leaves at the base are small and round. The higher leaves are narrow. The flowers are large and blue to violet and 2-4 cm wide.

HABITAT

It is a Mediterranean climate plant. It grows between 600-1,000 m above sea level in northern Italy.

REFERENCES

Motti, R., et al, 2022, Edible Flowers Used in Some Countries of the Mediterranean Basin: An Ethnobotanical Overview. Plants. 2022, 11, 3272

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/87cf76b6-1f99-4cd8-823a-d7d0ce6b0352