PLANT FACT SHEET

Helichrysum pandurifolium Schrank

GENUS *Helichrysum* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are used for tea drinks.

DESCRIPTION

A shrub. It is loosely branched and softly woody with long slender branches. The leaves are 8-16 mm long by 8-10 mm wide. They are broadly oval. There are 12-39 yellow flowers.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 35

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/88215372-c1f5-46bf-93b4-2f671542e860