PLANT FACT SHEET

Vitex polygama Cham.

GENUS *Vitex* **FAMILY** Lamiaceae

COMMON NAMES Polygamous chastetree

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten fresh.

DESCRIPTION

A tree. It can lose all its leaves during the year. Trees grow 6-12 m tall. The leaves are compound having leaflets like the fingers on a hand. There are 5 leaflets with short stalks. They have hairs on both surfaces. They are 10-18 cm long. The flowers are in the axils of leaves. They are pale blue. The fruit are round and hairy. They are black to violet.

HABITAT

It is a tropical plant. It grows naturally in the savannas and semi-deciduous forests in Brazil.

PRODUCTION

Cultivation

Plants are grown from seeds.

NOTES

Also put in the family Verbenaceae.

REFERENCES

Andrare, G. M. M., et al, 2023, Plantas Alimenticias Nao Convencionais (PANC) Nos Levantamentos Etnobotanicos do Brazil. Novos Cadernos NAEA v. 25 No. 2 p 212

Grandtner, M. M. & Chevrette, J., 2013, Dictionary of Trees, Volume 2: South America: Nomenclature, Taxonomy and Ecology. Academic Press p 695

Lorenzi, H., Bacher, L., Lacerda, M. & Sartori, S., 2006, Brazilian Fruits & Cultivated Exotics. Sao Paulo, Instituto Plantarum de Estuados da Flora Ltda. p 153

www.colecionandofrutas.org

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8845a247-b9e5-49c1-9db3-089448d00310