PLANT FACT SHEET

Cissus aphyllantha Gilg

GENUS *Cissus* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are edible.

DESCRIPTION

A scrambling shrub or climber. It grows 1-4 m tall. The rootstock is swollen. The stems are dark purplish-brown. They at first are hairy and develop cracks long them. Young leaves are broadly oval. They are 4 mm long by 5 mm wide and increase is size. Flowers develop in the dry season when the leaves have fallen. The flowers are in a branched group 2-4 cm long. They are yellow and hairy. The fruit are green with red colouring. They are oval and 0.9-1.3 cm long by 5.5 mm wide.

HABITAT

It is a tropical plant.

REFERENCES

Mutie, F. G., 2020, Conservation of Wild Food Plants and Their Potential for Combatting Food Insecurity in Kenya as Exemplified by the Drylands of Kitui County. Plants 2020, 9, 1017

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/884c4b4e-b7fc-44af-a67f-9738ce25c838