PLANT FACT SHEET

Asclepias exaltata L.

GENUS *Asclepias* **FAMILY** Apocynaceae

COMMON NAMES Tall milkweed

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. The stems are 80-150 cm long. They can have hairs in narrow lines. The leaves are broadly oval and 10-20 cm long. They taper at both ends.

HABITAT

It is a temperate plant.

REFERENCES

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 40

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/88635c87-db23-4cf8-8362-5ef493486ea5