PLANT FACT SHEET

Rheum moorcroftianum Royle

GENUS *Rheum* **FAMILY** Polygonaceae

COMMON NAMES Dolya, Dolu

EDIBLE PARTS AND USES

Edible parts: leaves

The leaf stalks are eaten raw or after light roasting. (They are claimed to prevent altitude sickness)

DESCRIPTION

A herb which keeps growing from year to year. The leaves are at the base. The leaves are boat shaped. They are thick and leathery. They are hairy underneath. The flowering spikes are 55 cm tall. The flowers are green and turn pink-purple.

HABITAT

It is a temperate plant. It grows between 3500-4500 m altitude in Uttar Pradesh in India. In China it grows between 4,500-5,300 m above sea level.

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