PLANT FACT SHEET

Amphipterygium adstringens (Schltdl.) Standl.

GENUS *Amphipterygium* **FAMILY** Anacardiaceae

COMMON NAMES Carano

EDIBLE PARTS AND USES

Edible parts: Fruit stalk

DESCRIPTION

A tree. It grows 4-9 m tall. The bark is wrinkled and grey. It has corky lumps. The branches have scars of fallen leaves. The leaves are compound with leaflets along the stalk and one at the end. There are 3-7 leaflets. The leaflets have a wedge shaped base. There are teeth along the edge. The end leaflet is spoon shaped. The male flowering shoot is 8-9 cm long. The female flowers are 1.3 cm long. There are 2-4 flowers.

HABITAT

It is a tropical plant. It grows in deciduous forests. It grows between 200-700 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds. The fruit can be washed and soaked in water fro 24 hours and then planted without having to removed the seeds from the fruit.

Harvesting and Seed Production

Plants flower June to August and fruit August to January.

NOTES

The bark is used for medicine.

REFERENCES

Ferns, Useful Tropical Plants.

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 59

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/88aae5db-aaeb-4ae2-af60-4b2be6b85999