PLANT FACT SHEET

Rubus parviflorus Nutt.

GENUS *Rubus* **FAMILY** Rosaceae

COMMON NAMES Thimbleberry, Salmon berry

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves, Shoots

The fruit are eaten raw. They can also be dried and stored for later use.
The tender young shoots are peeled and eaten raw or boiled.

DESCRIPTION

A shrub. It grows 4.5 m high and spreads 3 m wide. It loses its leaves during the year. The stems are upright. The bark peels off. There are no prickles. The new growth is furry. The leaves mostly have 5 lobes. There are uneven teeth along the edge. The flowers are white. The fruit are red.

HABITAT

It is a temperate plant. It grows in wooded subalpine streambeds in the Rocky Mountains in Canada. It suits damp shaded places. It suits hardiness zones 3-9.

PRODUCTION

Cultivation

Plants can be grown by seeds or cuttings.

NOTES

There are about 250 Rubus species. They are good sources of Vitamin C.

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