PLANT FACT SHEET

Symphyotrichum puniceum (L.) A. Love & D. Love

GENUS *Symphyotrichum* **FAMILY** Asteraceae

COMMON NAMES Swamp aster

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers

DESCRIPTION

A herb. It grows up to 250 cm tall. It has 1-5 erect stems.

HABITAT

It is a temperate plant.

REFERENCES

Toupal, R. S. & Hollenback, K., 2009, An Ethnobotany of Indiana Dunes National Lakeshore: Plant Uses of the Ojibwa People. Bureau of Applied Research in Anthropology. University of Arizona (As Aster pilosus)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/88e940ca-a2b2-4876-9ee2-7fc73e5a6ef8