PLANT FACT SHEET

Cyathea brackenridgei Mettenius

GENUS *Cyathea* **FAMILY** Cyatheaceae

COMMON NAMES Kwa'e bulu

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves

The young tender fronds are eaten cooked. Unless well cooked it can be bitter and is somewhat fibrous.

DESCRIPTION

A tree fern. The stem is dark coloured with a narrow trunk 10-12 cm across and 5-6 m long. It can be 10 m tall. The fronds are divided 2 or 3 times. They are 2-3 m long. The stalk is covered with scales.

HABITAT

It is a tropical plant. It grows in wet forests and beside streams.

NOTES

There are about 800 Cyathea species.
It is eaten in Siwai in Bougainville.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/890d826e-13f2-4124-98f7-2401fe379d4f