PLANT FACT SHEET

Veitchia spiralis H. Wendl.

GENUS *Veitchia* **FAMILY** Arecaceae

COMMON NAMES Kajewskia palm

EDIBLE PARTS AND USES

Edible parts: Palm heart, Cabbage

Because it is rare, the palm heart should not be eaten.

DESCRIPTION

A slender palm. It grows 20 m tall. The crownshaft is almost white. The leaves arch over. They have about 40 leaflets.

HABITAT

It is a tropical plant. It grows up to 400 m above sea level. It suits the humid tropics.

PRODUCTION

Cultivation

It can grow from seed.

REFERENCES

Lebot, V. & Sam, C., Green desert or 'all you can eat'? How diverse and edible was the flora of Vanuatu before human introductions?. Terra australis 52 p 409 (As Kajewskia aneityensis)

Zona, S., Heart of Palm Use: A Family Survey. p 6

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/899f948b-298e-4973-9e76-6bbab08107a9