PLANT FACT SHEET

Oxygonum dregeanum Meisn.

GENUS *Oxygonum* **FAMILY** Polygonaceae

COMMON NAMES Starstalk

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used as a vegetable and for flavouring.

DESCRIPTION

An erect herb. It keeps growing from year to year. It grows 50 cm tall. The leaves are somewhat succulent. They are long and narrow. There are often 2 teeth-like lobes near the base. The flowers are in clusters at the top of the plant. They are white and with pink tinges. The fruit are small and oval. There are 2 subspecies and some varieties.

HABITAT

It is a tropical plant. It grows in grassland and along roadsides.

REFERENCES

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 91

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/89b709db-1f13-4ed3-adf7-58038d143e9b