PLANT FACT SHEET

Antiotrema dunnianum (Diels) Handel-Mazzetti

GENUS *Antiotrema* **FAMILY** Boraginaceae

COMMON NAMES Dog's tongue herb

EDIBLE PARTS AND USES

Edible parts: Root, Leaves

The root and leaves are eaten.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 9-30 cm high. It is hairy. The stems branch before flowering. The leaves near the base are spoon like. They are 4-18 cm long by 1-5 cm wide. The base is wedge shaped. There are flattened hairs on both surfaces. The leaves on the stems are narrowly oval and do not have leaf stalks. The flowers are small and blue. The end curls up. The fruit are made up of 4 small nuts. These are kidney shaped and 2 mm long.

HABITAT

It is a subtropical plant. It is native to southern China. It grows on grassy slopes in the mountains in Yunnan in China. It grows between 1,950-2,500 m altitude. In Sichuan.

NOTES

There is one Antiotrema species.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 640

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 10

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