PLANT FACT SHEET

Dodecatheon frigidum Cham. & Schlecht.

GENUS *Dodecatheon* **FAMILY** Primulaceae

COMMON NAMES Shooting star

EDIBLE PARTS AND USES

Edible parts: Flowers

The leaves are used as a supplement in traditional dishes.

DESCRIPTION

A herb that keeps growing from year to year. It has a thick rootstock that extends down at an angle. It forms dense patches. The leaves form a ring near the ground. The leaves are oblong to oval and succulent. They are light green with short leaf stalks. The flowers are at the top of a leafless stem. There are 2-3 flowers in a cluster. The flowers are purple and droop downward. They petals are lobed and bent backwards.

HABITAT

It is a temperate plant. It grows at the base of low banks along streams.

PRODUCTION

Cultivation

It can grow from sections of the rootstock.

REFERENCES

Ainana, L. & Zagrebin, I., 2014, Edible Plants Used by the Siberian Yupik Eskimos of Southeastern Chukotka Peninsula, Russia, (English translation). p 45

Holloway, P. S. & Alexander, G., 1990, Ethnobotany of the Fort Yukon Region, Alaska. Economic Botany, Vol. 44, No. 2 pp. 214-225

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