PLANT FACT SHEET

Orbea huillensis (Hiern) Bruyns

GENUS *Orbea* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Roots, Stems

The roots and stems are cooked and eaten.

DESCRIPTION

A succulent herb. It keeps growing from year to year. It does not have leaves. The stems lie along the ground and form roots.

HABITAT

It is a tropical plant. In Southern Africa it grows between 900-1,300 m above sea level. It suits the desert or dry shrubland.

REFERENCES

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/89cbdbb3-9417-4282-b39b-25b54c9d2dd8