PLANT FACT SHEET

Ochrosia ackeringae (Teysm. & Binn.) Miq.

GENUS *Ochrosia* **FAMILY** Apocynaceae

COMMON NAMES Pakoidan, Dins, Labuei, Labusei

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are eaten raw or cooked.

DESCRIPTION

A tree. It grows 13 m tall. The leaves occur in layers of 3 or 4 and are smooth and pointed at both ends. The flowers are yellow and have a slender round ring of petals forming a tube. The fruit are made up of 2 small fleshy fruit joined in the lower half. They are hairy and 3-4 cm long. There are several seeds inside the stones.

HABITAT

A tropical plant. It grows in dry forest up to 300 m altitude. It is found throughout the Philippines.

NOTES

There are 30 Ochrosia species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8a127dd9-94fe-40a8-a334-d00bb3ba48e7