PLANT FACT SHEET

Dioscorea edulis (Lowe) M. Campos, Wilkin & Viruel

GENUS *Dioscorea* **FAMILY** Dioscoreaceae

EDIBLE PARTS AND USES

Edible parts: Tubers

The tubers are cooked and eaten.

DESCRIPTION

A climbing plant. The leaves are heart shaped. They are 12 cm long by 11 cm wide. They are slightly wavy. The male flowers are compound and in groups of 3 or 4. The fruit is a round berry.

HABITAT

It is a subtropical plant.

REFERENCES

Morales, J. & Gil, J. M., Gathering in a new Environment: The Use of Wild Food Plants during the Colonisation of the Canary Islands, Spain (2nd-3rd Century BCE to 15th Century CE) p 224 (As Tamus edulis)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8a16c6c9-1c48-4321-933d-10e37d7ac610