PLANT FACT SHEET

Nymphaea amazonum Mart. & Zucc.

GENUS *Nymphaea* **FAMILY** Nymphaeaceae

COMMON NAMES Amazon waterlily

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root

DESCRIPTION

A waterlily. The leaves are round and float on the water. The flowers are pale green to white. They are pollinated by insects.

HABITAT

It is a subtropical plant. It suits the wet tropics.

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Bortolotto, I. M., et al, 2018, Lista preliminar das plantas alimenticias nativas de Mato Grosso do Sul, Brasil. Iheringia, Serie Botanica, Porto Alegre, 73 (supl.):101-116

Scarpa, G. F., 2009, Wild food plants used by the indigenous peoples of South American Gran Chaco: A general synopsis and intercultural comparison. Journal of Applied Botany and Food Quality 83:90-101

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8a2d27f1-70b7-4132-b586-80a472a5bdd5