PLANT FACT SHEET

Alisma triviale Pursh

GENUS *Alisma* **FAMILY** Alismataceae

COMMON NAMES Northern water-plantain

EDIBLE PARTS AND USES

Edible parts: Bulb

The bulbous base of the plant is dried the cooked.

DESCRIPTION

A herb that grows in water. It grows 30-100 cm tall. The leaves are at the base and are oval or sword shaped. The leaf bases are rounded or heart shaped. The leaves have long sheathing stalks. The flowering stems do not have leaves. The flowers are white and 1 cm across. They have 3 broad petals. They only last a short time but are produced in rings forming long clusters. The fruit are dry seed pods 3 mm long.

HABITAT

It grows in marshes and swamps.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 319

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8a4282dd-586a-4004-8895-65c77d15ba94