PLANT FACT SHEET

**Use with caution**

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

# *Dicentra canadensis* (Goldie) Walp.

**GENUS** *Dicentra* **FAMILY** Papaveraceae

**COMMON NAMES** Squirrel corn

## EDIBLE PARTS AND USES

**Edible parts:** Root

CAUTION: The roots contain a number of alkaloids. It affects nerves and muscles.

## DESCRIPTION

A plant that keeps growing from year to year. It grows 25 cm high and spreads 30 cm wide. It develops tubers. The stems are slender and arch over. The leaves are divided along the stalk into a number of lobes. The leaflets are wedge shaped. The flowers are greenish-white and have purple tinges. They are heart shaped and hang down.

## HABITAT

It is best in rich, well-drained soils. It needs an open sunny position. It is resistant to frost but damaged by drought.

## PRODUCTION

### Cultivation

It is grown from seeds.

## NOTES

There are about 20 Dicentra species. These have previously been in the Fumaraceae.

## REFERENCES


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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/8a600b58-612b-4e21-a69d-7e1aa8e4e956