PLANT FACT SHEET

Eutrema heterophyllum (W. S. Sm.) H. Hara

GENUS *Eutrema* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Stems, Leaves

The young stems and leaves are cooked in stir fried dishes.

DESCRIPTION

A herb. It grows 2-15 cm high. It has a fleshy root. The stems are erect and simple. The leaves at the base are in a ring. The leaves one the stem are narrowly oval and 1-3 cm long by 2-9 mm wide.

HABITAT

It grows in Yunnan in China. It grows in alpine meadows between 2,400-5,400 m above sea level.

PRODUCTION

Harvesting and Seed Production

In Yunnan leaves are harvested in May and June.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8a6562fd-a808-439e-9e3a-99293b19e45a