PLANT FACT SHEET

Bactris bidentula Spruce

GENUS *Bactris* **FAMILY** Arecaceae

COMMON NAMES Nejilla

EDIBLE PARTS AND USES

Edible parts: Fruit, Palm heart, Cabbage

The fruit are eaten fresh.
They are also used for juice.

DESCRIPTION

A palm. It forms clumps. There can be 50 trunks. They grow 4 m tall. There are spines on the trunk. There are about 12 fruit in a clump. The fruit are rounded. They are about 2 cm across. The skin is red. The flesh is acidic. The flesh is pale green and there is one black seed.

HABITAT

It is a tropical plant. It grows on flood plains and in black water streams. It grows between 80-200 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8aad8518-0c42-4d9a-bddb-251f79b50d51