PLANT FACT SHEET

Ceanothus fendleri A. Gray

GENUS *Ceanothus* **FAMILY** Rhamnaceae

COMMON NAMES Fendler's ceanothus

EDIBLE PARTS AND USES

Edible parts: Seeds, Bark, Fruit, Leaves - tea

The fruit are eaten.
The leaves are used for tea drinks.

DESCRIPTION

An evergreen shrub. It usually lies along the ground. It grows 0.3-2 m high and spreads 0.9-1.8 m wide. It is densely branched and spiny. The shoots and leaves are downy. The flowers are bluish-white and in heads.

HABITAT

It is a temperate and subtropical plant. It suits hardiness zones 5-10.

NOTES

There are about 55 Ceanothus species.

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8ac65d09-56a1-47e2-8677-56f0396c92ce