PLANT FACT SHEET

Senecio nutans Sch.Bip.

GENUS *Senecio* **FAMILY** Asteraceae

COMMON NAMES Chachacoma

EDIBLE PARTS AND USES

Edible parts: Leaves - oil, Leaves - flavouring

It is used to prepare soups.
The dried leaves are served as a spice.

DESCRIPTION

A small shrub. It grows 50 cm tall. The flower heads are pale yellow.

HABITAT

It is a temperate plant. It has been recorded at 4,400 m above sea level in Bolivia,

NOTES

The plant is used as a medicine including for altitude sickness.

REFERENCES

Aldunate, C. et al, 1983, Ethnobotany of pre-Altiplanic Community in the Andes of Northern Chile. Economic Botany 37( ) p 120-134 (As Senecio graveolens)

Leon-Lobos, P., et al, 2022, Patterns of Traditional and Modern Uses of Wild Edible Native Plants of Chile: Challenges and Future Perspectives. Plants (Basel) v 11 (6) Table S1

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8ae6654f-5594-4e01-b899-21dc91ee6e67