PLANT FACT SHEET

Ruehssia macrophylla (Humb. & Bonpl. ex Schult.) H. Karst.

GENUS *Ruehssia* **FAMILY** Apocynaceae

COMMON NAMES Spotted leaved marsdenia

EDIBLE PARTS AND USES

Edible parts: Stem, Leaves

The stems and leaves are boiled and eaten. They are bitter.

DESCRIPTION

A vine. The leaves are simple and opposite. The flowers are green and white.

HABITAT

It is a tropical plant. It grows in dry sandy savannah. In Argentina it grows from sea level to 1,500 m above sea level.

REFERENCES

Kar, A., et al, 2013, Wild Edible Plant Resources used by the Mizos of Mizoram, India. Kathmandu University Journal of Science, Engineering and Technology. Vol. 9, No. 1, July, 2013, 106-126 (As Marsdenia maculata)

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Piedra-Malagón, E. M. et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 9 (As Marsdenia macrophylla)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8b1e820c-ce10-4aa4-9ba3-d4427acb3b51