PLANT FACT SHEET

Ombrophytum peruvianum Poepp. & Endl.

GENUS *Ombrophytum* **FAMILY** Balanophoraceae

COMMON NAMES Mountain maize

EDIBLE PARTS AND USES

Edible parts: Root

The plant is boiled and eaten.

DESCRIPTION

These are root parasites. It is 35 cm long. It has a tuber.

HABITAT

A tropical plant. They grow from wet lowland forests to dry mountain forests.

PRODUCTION

Cultivation

The plants grow suddenly after rain.

NOTES

There are 4 Ombrophytum species in the neotropics. The flowers of several Ombrophytum are eaten.

REFERENCES

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Hansen, B., 1980, Balanophoraceae, Flora Neotropica, Vol. 23, Balanophoraceae, pp. 1-80 (As Ombrophytum zamioides)

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 448 (As Ombrophytum sp.)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8b51836c-ef7a-40b0-9ae5-d311ec8128ad