PLANT FACT SHEET

Laccosperma secundiflorum (P. Beauv.) O. Kuntze

GENUS *Laccosperma* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Palm heart, Cabbage, Sap, Bud, Vegetable, Stem

The central pith of the palm is roasted and eaten. It is bitter unless well cooked.
The young terminal bud can be eaten raw.

DESCRIPTION

A spiny, climbing rattan, or palm. The stem can be 20-45 m long and 3 cm across. The leaves have leaflets along the stalk. The leaf sheaths along the stems are spiny and the leaf stalks are also spiny. The flowering stalk develops at the end of the stems.

HABITAT

A tropical plant. The grow in low mountain rainforests. It grows along river banks. It suits humid locations.

NOTES

There are 7 Laccosperma species.

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