PLANT FACT SHEET

Mirabilis oxybaphoides (A. Gray) A. Gray

GENUS *Mirabilis* **FAMILY** Nyctaginaceae

COMMON NAMES Smooth spreading Four o'clock

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea

The leaves are eaten as greens.
The leaves are used as a tea.

DESCRIPTION

A herb. It often lies along the ground and is tangled with other plants. It grows 20-120 cm long. It has lines of hairs. The leaves are spreading and oval. They are 2-8 cm long by 1-8 cm wide. The fruit are olive or black. They are oval and 3 mm across.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 345

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8b6522b6-ed81-47c4-891a-8cb28c38749a