PLANT FACT SHEET

Reseda villosa Coss.

GENUS *Reseda* **FAMILY** Resedaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A herb. It grows 60-70 cm tall. The leaves are long and large and have teeth along the edge. The flowers are white. They are on a long flower stalk.

HABITAT

It is a Mediterranean plant. It grows in desert places.

NOTES

There are between 55 and 60 Reseda species.

REFERENCES

Burkill, H.M. 1985. The useful plants of west tropical Africa, Vol. 4

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 47

Heywood, V.H., Brummitt, R.K., Culham, A., and Seberg, O. 2007, Flowering Plant Families of the World. Royal Botanical Gardens, Kew. p 277

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8b8ccdfb-dbff-429c-a6a0-3201a42035de