PLANT FACT SHEET

# *Hypochaeris chillensis* (Kunth) Britton

**GENUS** *Hypochaeris* **FAMILY** Asteraceae

**COMMON NAMES** Brazilian cat's ear

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Plant, Roots

The leaves are eaten raw in salads.

## DESCRIPTION

A herb. It grows 20-50 cm tall. It keeps growing from year to year. It is like a sow-thistle. It has a taproot and leaves grow in a ring. These leaves are narrowly oval and 5-10 cm long by 1-2 cm wide. There are coarse teeth along the edge. There is a thin stem 20-60 cm tall. This has a golden-yellow flower head. It is 1 cm across.

## HABITAT

It is a subtropical plant. In Taiwan it grows between 500-600 m above sea level. In Argentina it grows from sea level to 3,000 m above sea level.

## NOTES

It is also regarded as a medicine.

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