PLANT FACT SHEET

Cardamine hygrophila T. Y. Cheo & R. C. Fang

GENUS *Cardamine* **FAMILY** Brassicaceae

COMMON NAMES Shi sheng sui mi qi

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The plant is used as a vegetable.

DESCRIPTION

A cabbage family herb. It keeps growing from year to year. It grows up to 25 cm tall. The rhizomes are compact and thick.

HABITAT

It is a temperate plant. It grows in valleys, stream sides between 1400–2200 m altitude in China. In Sichuan.

NOTES

There are about 160 Cardamine species. They are mostly in damp places in temperate regions.

REFERENCES

Zhou Taiyan, Lu Lianli, Yang Guang; Ihsan A. Al-Shehbaz, BRASSICACEAE (CRUCIFERAE), Flora of China.
Flora of China. www.eFloras.org

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8be88164-1d21-4f22-a46c-d3351bd2627e