PLANT FACT SHEET

Adenophora lamarckii Fisch

GENUS *Adenophora* **FAMILY** Campanulaceae

EDIBLE PARTS AND USES

Edible parts: Root

The root is cooked and eaten.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 60-100 cm tall. It has carrot shaped roots up to 2.5 cm across. The leaves are 3-7 cm long by 2-3 cm wide. The leaves on the stems do not have stalks. Several flowers occur together. They are funnel shaped and blue.

HABITAT

It is a temperate plant. It grows best in a light rich slightly alkaline soil. It needs a sunny position. It does not like having its roots disturbed. It grows on the edges of forests in north China.

PRODUCTION

Cultivation

Plants can be grown from seed. Seeds germinate in 1-3 months at 10°C. They can be transplanted or sown direct. Plants can also be grown from cuttings.

NOTES

There are about 40 Adenophora species. They are temperate plants.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8bf0fd35-ecbf-4148-86fe-e17052f469a5