PLANT FACT SHEET

Bridelia atroviridis Mull.-Arg.

GENUS *Bridelia* **FAMILY** Phyllanthaceae

COMMON NAMES Asaraba

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A shrub or small tree. It grows 8-12 m high. It has a straight trunk up to 45 cm across. The leaves are narrowly sword shaped. The veins are obvious on both surfaces. There are fine hairs along the veins. The flowers are in clusters in the axils of leaves. The flowers are very small and greenish-yellow. The fruit is like a berry. It is dark brown when ripe.

HABITAT

It is a tropical plant. It grows in a range of forest and savannah locations across West Africa. It grows along rivers. In Zimbabwe it grows between 950-1,160 m above sea level.

NOTES

There are about 60 Bridelia species.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 2. Kew.

Harris, D. J., 2002, The vascular plants of the Dzanga-Sangha Reserve, Central African Republic. National Botanic Garden of Belgium, 2002. – 274 pages p 81

White, F., Dowsett-Lemaire, F. and Chapman, J. D., 2001, Evergreen Forest Flora of Malawi. Kew. p 244

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8c029f49-e780-4cbd-b228-d1289966981e