PLANT FACT SHEET

Podocarpus oleifolius D. Don

GENUS *Podocarpus* **FAMILY** Podocarpaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A tree. It grows 20 m tall. The bark is yellow brown. The leaves are narrowly sword shaped and 3-8 cm long by 5-12 mm wide. They can be larger. The cones occur singly in the axils of leaves. They are 3 cm long by 3 mm wide. The seed is oval and 7-8 mm long.

HABITAT

It is a tropical plant. It grows in cloud forests between 2,000-3,200 m above sea level in Guatemala.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 673 (As Podocarpus macrostachys)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8c2f626b-32a8-49c2-869b-b0448dc654ea