PLANT FACT SHEET

Trianthema crystallina Vahl

GENUS *Trianthema* **FAMILY** Aizoaceae

COMMON NAMES Pather-phor

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A branched herb. It keeps growing from year to year. The stems are woody at the base. The stems lie along the ground. The leaves are oval or spoon shaped. They are opposite with one of them smaller than the other. The flowers are crowded in the axils of the leaves.

HABITAT

It is a tropical plant. It can grow in deserts and arid places.

NOTES

There are about 20 Trianthema species.

REFERENCES

Singh, H.B., Arora R.K.,1978, Wild edible Plants of India. Indian Council of Agricultural Research, New Delhi. p 85
WATT

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8cb2ad99-924e-4bf7-a310-c1cfe1e673d1