PLANT FACT SHEET

Bolboschoenus maritimus subsp. paludosus (A. Nelson) T. Koyama

GENUS *Bolboschoenus* **FAMILY** Cyperaceae

COMMON NAMES Bayonet grass, Alakali bullrush

EDIBLE PARTS AND USES

Edible parts: Pollen, Root, Nutlets

Thr rhizomes are eaten raw or made into flour for bread.
The pollen is mixed with flour for bread.

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks.

HABITAT

It is a temperate plant. It grows in flooded areas and salty soils.

REFERENCES

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Simpson, D. A. & Inglis, C. A., 2001, Cyperaceae of Economic, Ethnobotanical and Horticultural Importance: A checklist. Kew Bulletin Vol. 56, No. 2 (2001), pp. 257-360

Uphof,

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8cd9021b-e47c-48f0-b280-9965280316d1