PLANT FACT SHEET

Plagiobothrys nothofulvus (A. Gray) A. Gray

GENUS *Plagiobothrys* **FAMILY** Boraginaceae

COMMON NAMES Rusty popcornflower

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A herb. It grows each year from seed. It grows 20-70 cm tall. It has purple sap. It is hairy. The leaves are mostly in a ring around the base. The flowering shoots have a series or 5 lobed white flowers. The flowers are 3-9 mm wide. The fruit is a rounded nutlet.

HABITAT

It is a temperate plant.

REFERENCES

Anderson, M. K., 2012, Edible Seeds and Grains of California Tribes and the Klamath Tribe of Oregon in the Phoebe Apperson Hearst Museum of Anthropology Collections, University of California, Berkeley. USDA p 10

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8cdcb15a-9dff-4d9b-8920-91e8376f96ad