PLANT FACT SHEET

# *Pleurotus eryngii var. ferulae* (DC. ex Fr.) Quel., Lanzi,

**GENUS** *Pleurotus* **FAMILY** Pleurotaceae

**COMMON NAMES** Ferula mushroom

## EDIBLE PARTS AND USES

**Edible parts:** Mushroom, Fungus

It is eaten fresh or dried, cooked in an oven or roasted.

## DESCRIPTION

A mushroom. It grows on the roots of Ferula communis.

## HABITAT

It is a Mediterranean climate plant.

## REFERENCES


Boa, E. R., 2004, Wild edible fungi and their importance to people. FAO Non Wood Forest Products Booklet 17

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Guo, L., et al, 2007, Non-volatile components of several novel species of edible fungi in China. Food Chemistry 100: 643-649 (As Pleurotus ferulae)

Lentini, F. and Venza, F., 2007, Wild food plants of popular use in Sicily. J Ethnobiol Ethnomedicine. 3: 15

Pace, G., 1998, Mushrooms of the world. Firefly books. p 123



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