PLANT FACT SHEET

Arnebia hispidissima (Sieber ex Lehm.) DC.

GENUS *Arnebia* **FAMILY** Boraginaceae

COMMON NAMES Arabian primrose

EDIBLE PARTS AND USES

Edible parts: Roots - edible dye

An edible dye is obtained from the roots and used to colour food.

DESCRIPTION

An annual herb. It grows 40 cm tall. It is branched from the base. The roots are red. The leaves are simple and alternate. They are narrowly sword shaped and 2-8 cm long by 1 cm wide. The flowers are like a spike.

HABITAT

It is a tropical and subtropical plant. It grows in dry sandy or stony soil. It can be in desert plains.

NOTES

The roots also have an antibacterial effect. They are used in medicine.

REFERENCES

Fern, K., 2012, Tropical Species Database http://theferns.info/tropical/

Karim, F. M. & Dakheel, A, J., 2006, Salt-tolerant plants of the United Arab Emirates. 2006. International Center for Biosaline Agriculture, Dubai, UAE.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8d67efa4-f399-40b8-b00e-048c93e86c0e