PLANT FACT SHEET

Rhabdophyllum welwitschii Tiegh.

GENUS *Rhabdophyllum* **FAMILY** Ochnaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub or small tree. It grows 2-5 m tall. It is much branched. The bark is grey brown and with cracks along it. The leaves are 6-12 cm long by 2-4 cm wide. They are oblong and taper to the tip. They can have teeth or be wavy along the edge. The flowers are in the axils of the scale leaves that often fall off. There can be 4-18 flowers in a group that are 2-7 cm long.

HABITAT

A tropical plant. It suits the wet tropics. It has been recorded at 700 m above sea level in Zambia.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 92 (As Ouratea leptoneura)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 208 (As Ouratea leptoneura)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8dc7f01c-2030-45ad-8de4-24f71083bfe4