PLANT FACT SHEET

Cardamine bulbosa (Schreber ex Muhl.) Britton, Sterns and Poggenb.

GENUS *Cardamine* **FAMILY** Brassicaceae

COMMON NAMES Bittercress, Bulbous cress

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves

The tender young leaves near the base can be used in salads.
The rootstocks can be grated and vinegar added to make horseradish.

DESCRIPTION

A cabbage family herb. It has a knotty underground stem. The lower leaves are round. The leaves on the stem are sword shaped.

HABITAT

It is a temperate plant. It grows near springs, low-lying woods and wet meadows. It grows in hardiness zones 4-8.

NOTES

There are about 160 Cardamine species. They are mostly in damp places in temperate regions.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8ded17ea-6338-48c8-965c-5544a6d85574