PLANT FACT SHEET

Chenopodium murale L.

GENUS *Chenopodium* **FAMILY** Amaranthaceae

COMMON NAMES Nettle-leaved goosefoot, Green fat-hen, Sowbane

EDIBLE PARTS AND USES

Edible parts: Shoots

DESCRIPTION

A herb. It can grow 1 m tall. It has many branches and is green. The leaf stalks are long. The leaves alternate along the stem and are 2-8 cm long. The flowers are small and greenish. The seeds are black and

Probably now Chenopodiastrum murale. Check under this name.

HABITAT

It is a warm temperate plant.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8dfd851b-509b-4136-81cd-ca8345fdad97