PLANT FACT SHEET

Premna barbata Wall. ex Schauer

GENUS *Premna* **FAMILY** Lamiaceae

COMMON NAMES Bearded premna

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten fresh.

DESCRIPTION

A tree which loses its leaves. It grows to about 5 m tall. The leaves have stalks. They are oval to sword shaped and taper to the tip. They usually have teeth around the edge. They are hairy underneath and on the veins above. The flowers are white. They are in a more or less flat topped flower arrangement at the end of branches. The fruit is round.

HABITAT

In Nepal it grows between 700-1500 m altitude. It grows on open hillsides.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are about 50-200 Premna species. Also put in the family Verbenaceae.

REFERENCES

Manandhar, N.P., 2002, Plants and People of Nepal. Timber Press. Portland, Oregon. p 380

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8e2b6dc8-1bdf-4cf1-a739-52a3d28f7695