PLANT FACT SHEET

Lomatium utriculatum (Nutt.) Coult. & Rose

GENUS *Lomatium* **FAMILY** Apiaceae

COMMON NAMES Common lomatium, Desert gold, Pomo celery

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

The young leaves and shoots are eaten as greens or in salads. The leaves are cooked by frying and eaten with salt.

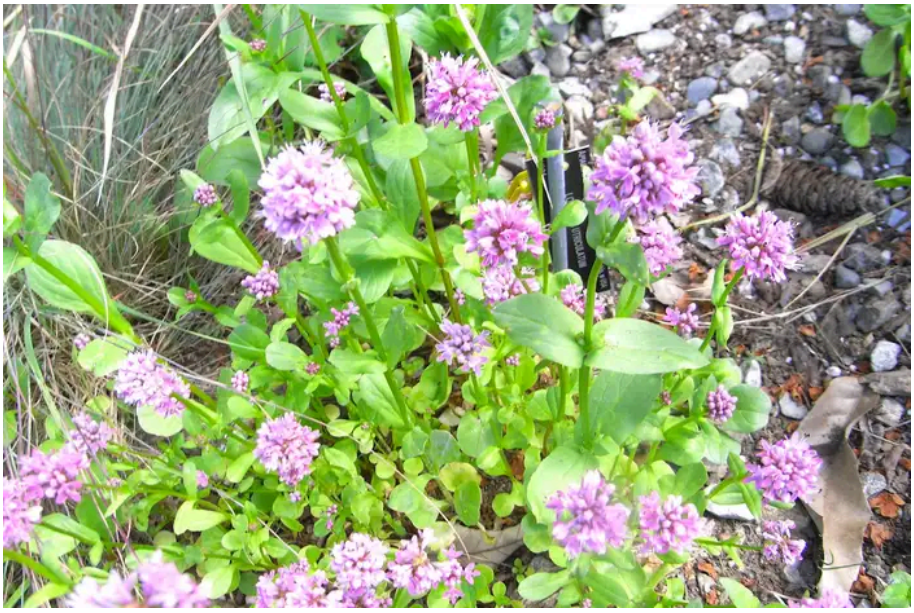
DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8e9e5298-e0e0-4f05-b755-21e63f818ce9