PLANT FACT SHEET

Cyperus fulgens C. B. Clarke

GENUS *Cyperus* **FAMILY** Cyperaceae

COMMON NAMES Umbrella sedge

EDIBLE PARTS AND USES

Edible parts: Tubers, Bulb, Corms, Root

The tubers are eaten raw or cooked. They have a sweet taste.
They are roasted in hot ashes and boiled in milk.

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks. The leaves are shiny and bright green. The flowers are in a loose spikelet. The bracts around the flowers are reddish-brown. The bulbs are about 12 mm across. They have papery scales. The corms are shallow and easily gathered.

HABITAT

It grows in tropical and subtropical subsaharan Africa. It grows in seasonally wet grasslands. It can grow in arid places.

NOTES

There are 550 Cyperus species.

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