PLANT FACT SHEET

Astragalus frigidus (L.) A. Gray

GENUS *Astragalus* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves and shoots are used as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Angmo, D., et al, 2022, Ethnobotanical Survey of Wild Edible Plants of Leh District, Ladakh. Defence Life Science Journal, Vol. 7, No. 4, October 2022, pp. 257-266

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8ee6b403-c671-48aa-ba59-7c8bd6abbf83