PLANT FACT SHEET

# *Vicia nigricans* Hook. & Arn.

**GENUS** *Vicia* **FAMILY** Fabaceae

**COMMON NAMES** Black vetch

## EDIBLE PARTS AND USES

**Edible parts:** Seeds

The young seeds are eaten raw or cooked.

## DESCRIPTION

A herb. It keeps growing from year to year. It has stout, hollow climbing stems. They can grow 2 m tall. It attaches to objects by tendrils. The leaves have 9-13 pairs of leaflets. There are 15-20 flowers in a one sided group. The fruit are legume pods 4 cm long by 1.5 cm wide.

## HABITAT

It is a temperate plant.

## REFERENCES

Leon-Lobos, P., et al, 2022, Patterns of Traditional and Modern Uses of Wild Edible Native Plants of Chile: Challenges and Future Perspectives. Plants (Basel) v 11 (6) Table S1

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/8efefe9b-d45c-4d8c-85e5-26417837ad3c