PLANT FACT SHEET

Oxalis semiloba Sond.

GENUS *Oxalis* **FAMILY** Oxalidaceae

COMMON NAMES Fishtail sorrel

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Bulb

The bulb is eaten raw.
The leaves are eaten raw.

DESCRIPTION

A herb that keeps growing from year to year. It has rhizomes or underground stems. These are 15 cm long. The bulbs are 1-2 cm long. They usually occur singly at the base of the rhizome. The leaves have 3 leaflets. The leaflets do not have stalks. The flowers are 15 mm long. They are bright pink or red. They are in groups or 3-12.

HABITAT

It is a tropical plant. It grows in forest woodland and grasslands. It can grow in arid places.

REFERENCES

Albano, et al 1998,

Flora Zambesiaca. http://apps.kew.org/efloras

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 52

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 286

Grivetti, L. E., 1980, Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa, Report to the Department of State Agency for International Development. p 65

Molla, A., Ethiopian Plant Names. http://www.ethiopic.com/aplants.htm

Matlhare, T., et al, Vegetables in Botswana. p 21 Bioversity website.

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 158

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 5th May 2011]

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 84

van Wyk, Be., & Gericke, N., 2007, People's plants. A Guide to Useful Plants of Southern Africa. Briza. p 92

Vinnicombe, 1976,

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8f19cc57-c54e-4cb0-9ef3-79ef2c101f87