PLANT FACT SHEET

Rumex tuberosus L.

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Tuberous dock, Ghoiyarfaq

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw in salads. They are also used in soups and fried.
The leaves are used for sarma in Turkey. They are rolled around a filling of rice or minced meat.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

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